



## The Leonard and Helen R. Stulman Charitable Foundation

### **TYPICAL GRANTS**

Range from \$25,000 to \$150,000

### **DEADLINE**

Letters of inquiry are accepted on a rolling basis.

### **ELIGIBILITY**

Organizations (or their fiscal agents) that qualify as public charities under section 501(c)(3) of the Internal Revenue Code and do not discriminate on the basis of race, creed, national origin, color, physical handicap, gender or sexual orientation

### **GUIDELINES**

The Leonard and Helen R. Stulman Charitable Foundation supports work in four areas of interest. The Foundation plans to make new grants totaling \$2.6 million in 2018. Ninety five percent (95%) of funding from The Leonard and Helen R. Stulman Charitable Foundation is reserved for programs in greater Baltimore and the State of Maryland.

The foundation will make a limited number of new grants each year to projects that address one or more of the following:

- Research with regard to causes and treatment of mental illness and services for the mentally ill and their families. Within this area, special interests include:
  - Promoting recovery and participation in community life for people with serious mental illnesses, such as schizophrenia, bipolar disorder, and major depression.
  - Increasing access to mental health treatment for underserved populations. Strategies of interest include integrating mental health care into community and primary care settings and providing services to minority communities, including those with limited English proficiency.
  - Increasing the adoption of evidence-based practices in treatment settings.
- Initiatives for an older adult and aging population and programs for geriatric medicine. Within this area, special interests include:
  - Supporting services and initiatives that enable senior citizens to remain in their own communities and stay active in community life as they age.
  - Meeting unmet health and mental health needs.

- Programs engaged in health care treatment and prevention as well as those involved in medical research. Within this area, special interest include:
  - Improving the prevention and management of chronic disease.
  - Increasing access to care for disadvantaged populations.
- Higher educational institutions

The Leonard and Helen R. Stulman Charitable Foundation will not consider requests to fund the following:

- Debt retirement
- Non 501 (c) (3) organizations
- Membership or affiliation campaigns, dinners, or special events
- Public primary and secondary educational institutions
- Conferences, symposia, or workshops and related travel
- Grants that further religious doctrine
- Grants to individuals, including scholarships, sponsorships, or camperships
- Individual medical procedures
- Requests for bricks and mortar capital projects
- Annual giving support
- Organizations that discriminate on the basis of race, color, religion (creed), gender, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, except to serve a historically disadvantaged group

**HOW TO APPLY** Submit a 2-page letter of inquiry signed by the executive director and board chair, which includes: the amount you intend to request, the purpose of the request, an overview of the proposed project and some basic background on your organization.

If there is a match between your project and one of the interest areas, you will be invited to submit a full proposal.

If you are invited to submit, the proposal should include the following:

- Background on your organization, including its mission, activities and accomplishments.
- The amount requested and a description of the project, its goals, its measurable objectives and how they will be reached.
- The project timetable and a description of how the project will be sustained.
- A budget for the project/program which includes the sources of both short and long term funding and identifies other partners involved in the project.
- A description of how the project will be sustained.

The following attachments must accompany the full proposal.

- The Organization's current annual operating budget (including income and expense projections),

- A list of board members and key staff,
- The organization's 501 (c) 3 IRS determination letter,
- The organization's most recent audited financial statements, and
- The organization's most recent annual report.

If you are invited to submit a proposal, please refer to the ABAG Grant Proposal Format for a grant template. Visit [www.abagrantmakers.org/grantwriting](http://www.abagrantmakers.org/grantwriting)

## CONTACT

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## RECENT GRANTS

### 2018

#### *Aging*

**Catholic Charities** \$200,000

To provide supportive services and care coordination to older adults served by St. Agnes Hospital

**Civic Works** \$29,378

To place a Contracting Coordinator at Baltimore housing to assist senior citizens in the housing rehabilitation process

**Civic Works** \$1,706,195

To operate Housing Upgrades to Benefit Seniors (HUBS), a coordinated home repair and modification program for low-income seniors in Baltimore City

**Pro Bono Resource Center** \$1,568,680

To coordinate and expand legal services for low-income seniors in Baltimore City to help preserve homeownership. This is a partnership between PBRC, Maryland Volunteer Lawyers Service, Senior Legal Services, and Maryland Legal Aid.

**Pro Bono Resource Center** \$190,800

To carry out estate planning for low-income seniors in Prince George's County, and to build local capacity to continue the program

#### *Health*

**St. Agnes Foundation** \$199,507

To institute a cardiovascular disease prevention program in the community

**Moveable Feast** \$100,000

To conduct a study of the effectiveness of medically tailored meals and nutritional counseling to improve the health of low-income individuals with diabetes

*Mental Health*

**Active Minds** \$105,000

To build and support mental health chapters and anti-stigma programming on Maryland college campuses

**Behavioral Health System Baltimore** \$79,029

To continue the pilot of a Crisis Response Team in partnership with the Baltimore City Police Dept. in the Central Policing District

**Humanim** \$150,000

To implement and integrate the evidence-based practice of Motivational Interviewing into their work with people with serious mental illnesses

**Intercultural Counseling Connection** \$37,000

To provide mental health services to refugees and to conduct strategic planning for the organization

**Johns Hopkins Centro Sol** \$1,505,737

To increase access to care for the prevention and treatment of depression for Latino immigrants living in Baltimore City

**Kids in Need of Defense** \$37,500

To fund a social service coordinator for unaccompanied minors from Central America who are living in Baltimore and receiving legal immigration services

**Lower Shore Clinic** \$125,000

To start a new Assertive Community Treatment team for individuals with serious mental illness on the mid-Eastern Shore

**NAMI-Metro Baltimore** \$60,000

To expand mental health programming and support groups

**Roca** \$450,000

To incorporate cognitive behavioral intervention in the structured violence reduction intervention for young men in Baltimore City

**University of Maryland St. Joseph Medical Center Foundation** \$100,000

To provide specialized behavioral health coordination to patients in the emergency department at St. Joseph Medical Center

**Way Station** \$200,000

To transition hard-to-place individuals with mental illness from three state hospitals into community settings

**Youth Empowered Society** \$79,400

To provide mental health services for homeless youth and training and support for staff on mental health issues in partnership with Health Care for the Homeless

**2017**

*Aging*

**The Associated** \$300,000

To provide personal care subsidies for low-income seniors

**Baltimore Corps** \$150,000

To develop and place a cohort of fellows in organizations serving the elderly in Baltimore City

**Benefits Data Trust** \$326,100

To conduct outreach and enrollment for low-income Maryland senior citizens in six food, energy, and health public benefits programs and to pilot outreach and enrollment for three additional benefits in the area of housing and utilities.

**Civic Works** \$66,000

To place a Contracting Coordinator at Baltimore Housing to assist senior citizens in the housing rehabilitation process

**Disability Rights Maryland** \$106,000

To operate the Sunshine Folk program to help seniors and individuals with disabilities to move from nursing facilities into the community

**Keswick Community Health** \$125,000

To access Medicare funding streams to prevent disease and improve self-management of chronic conditions among older adults

**Maryland Volunteer Lawyers Service** \$160,347

To assist low-income seniors in Baltimore City with estate planning

**Mid-Shore Pro Bono** \$125,000

To expand the elder law project to eight counties on the Eastern Shore

**Neighborhood Housing Services** \$150,000

To increase the number of low-income senior citizens in Baltimore City receiving home repair services

*Health*

**Charm City Care Connection** \$25,000

To expand preventive health screening and health resource case management to individuals at Dee's Place

**Nueva Vida** \$29,635

To increase the number of Latinos receiving cancer screenings and to provide patient navigation and mental health support to those receiving cancer treatment

**Shepherd's Clinic** \$24,886

To provide diabetes education and self-management programming

*Mental Health*

**Baltimore Child Abuse Center** \$290,562

To develop and deliver policies and training to protect children in Jewish institutions in greater Baltimore

**Baltimore Child Abuse Center** \$175,510

To provide on-site mental health treatment to child victims of abuse and maltreatment

**Behavioral Health Leadership Institute** \$40,000

To link individuals leaving detention facilities in Baltimore with substance use and mental health treatment

**B'More Clubhouse** \$128,591

To seek and secure accreditation, licensure, and public funding from Medicaid

**Family and Children's Services** \$150,000

To transition to an Outpatient Mental Health Clinic

**Fund for Educational Excellence** \$50,000

To continue the Chicago Parent Program in 11 city schools in order to positively impact mental health

**Intercultural Counseling Connection** \$25,000

To provide pro bono counseling to refugees in the Baltimore area

**La Clinica del Pueblo** \$90,000

To provide mental health and case management services for unaccompanied minors in Prince George's County

**Marian House** \$47,000

To develop an outpatient substance abuse program for residents of transitional and permanent housing

**Mental Health Association of Maryland** \$280,000

To develop and deliver a skills-based training program for professionals, paraprofessionals, and unpaid caregivers of older adults with behavioral health conditions

**University of Maryland St. Joseph Medical Center Foundation/St. Clare  
Medical Outreach \$35,000**

To provide mental health services to low-income Spanish speaking individuals



## 2016

### *Aging*

**Action in Maturity** \$50,000

To provide free grocery shuttles and support services to seniors in southwest, west, and east Baltimore communities identified as food deserts

**Association of Baltimore Area Grantmakers** \$10,000

To provide staff support to the Affinity Group on Aging

**Mid-Shore Pro Bono** \$50,000

To expand elder law services for low-income senior citizens on the Eastern Shore of Maryland

**Neighbor Ride** \$40,000

To rebuild a ride-match database to upgrade and automate functions, enabling the organization to mobilize more volunteers to provide rides to senior citizens

### *Health*

**American Heart Association, Mid-Atlantic Affiliate** \$129,344

To expand the Mobile Cooking program for seniors at seven senior apartment buildings in Baltimore which have Baltimarket Virtual Supermarket programs in place

**The Family Tree** \$300,000

To pilot Maryland Family Connects in Baltimore, a post-natal home visiting program designed to reduce risk and connect families with resources

**Kids in Need of Defense (KIND)** \$37,500

To hire a social service coordinator for unaccompanied minors in Baltimore who are receiving legal immigration services

**Marian House** \$40,000

To provide bridge funding to maintain transitional housing services for homeless women and children while completing CARF certification

### *Mental Health*

**Anne Arundel Medical Center** \$80,000

To provide assessment, services, and referrals to children and adolescents coming to the emergency department with psychiatric crises

**Behavioral Health System Baltimore** \$79,029

To pilot a Crisis Intervention Team in partnership with the Baltimore City Police Department in the Central Policing District

**B'More Clubhouse** \$24,800

To support strategic planning and improve communication and marketing materials

**Carroll County Youth Service Bureau** \$51,000

To expand the Assertive Community Treatment team to serve 75 individuals with severe mental illness

**Family Services, Inc.** \$50,000

To implement the OnTrack program, which provides early intervention to adolescents and young adults with psychosis

**Fusion Partnerships/Intercultural Counseling Connection** \$25,000

To recruit and train mental health professionals to provide pro bono counseling for refugees in the Baltimore area

**Helping Up Mission** \$150,000

To provide psychiatric services to homeless men with co-occurring disorders

**Johns Hopkins University School of Nursing** \$75,000

To complete a three year pilot of the Chicago Parent Program in early childhood settings in Baltimore City Public Schools

**Kennedy Krieger Institute** \$100,000

To expand mental health services for children with developmental disabilities

**La Clinica del Pueblo** \$60,000

To provide mental health and case management services to unaccompanied minors at Northwestern High School in Prince George's County

**NAMI-Baltimore** \$120,000

To expand mental health programming for individuals with mental illness and their families

**Refugee Youth Project** \$42,185

To provide arts-based mental health services and case management to young refugees in Baltimore

## 2015

### *Aging*

**Catholic Charities** \$200,000

To develop and implement a new model to provide supportive services to low-income seniors in their own homes

**Chase Brexton Health Services** \$100,000

To provide caregiver education, counseling, and referral services to older LGBT adults and their caregivers

**Civic Works** \$1,079,010

To create a coordinated system with a consortium of senior and housing organizations to meet the housing rehabilitation needs of low-income seniors in Baltimore City

**Comprehensive Housing Assistance, Inc. (CHAI)** \$405,000

To expand and enhance older adult services by hiring a Director of Aging in Community

**Leveraging Legal Services for Older Adults: Keeping Baltimoreans in their Homes** \$1,285,383

To expand and coordinate legal services for low-income senior citizens in Baltimore City to help preserve homeownership. This project is composed of grants to four organizations:

**The Bar Association of Baltimore City Senior Legal Services Program**  
\$200,772

**Maryland Legal Aid** \$450,000

**Maryland Volunteer Lawyers Service** \$241,611

**Pro Bono Resource Center** \$393,000

**Maryland Disability Law Center** \$100,000

To operate the Sunshine Folk program, helping individuals move from nursing facilities into the community with appropriate services and supports

### *Health*

**Baltimore City Health Department** \$80,000

To expand the Virtual Supermarket program to serve more senior citizens in Baltimore City, providing access to nutritious food

**Hospice of the Chesapeake** \$130,000

To establish the Community Care for Complex Illness program, serving people with complex illnesses at home to reduce hospitalizations and improve health outcomes and quality of life

**HealthCare Access Maryland \$50,000**

To develop a model for care coordination to reduce hospital admissions and readmissions for high-need Medicare beneficiaries

**HealthCare Access Maryland \$187,000**

To implement a community-based care coordination model with a local hospital to serve high-risk patients, with the goal of improving health and preventing hospital readmissions

**Health Care for the Homeless \$100,000**

To reduce the incidence of heart attacks and strokes through universal screening, supportive interventions, and cross-discipline collaboration

**Maryland Citizens' Health Initiative Education Fund \$143,736**

To create the Maryland Faith Community Health Network, working with 100 congregations and 3 hospitals to provide supportive services and care coordination to patients

**Meals on Wheels of Central Maryland \$193,000**

To launch a care coordination program with Good Samaritan Hospital to improve the health of elderly individuals and reduce their hospital readmission rates

*Mental Health*

**Baltimore Community Foundation/Commodore John Rodgers Judy Center \$125,457**

To provide mental health services for parents of young children receiving early childhood services

**Family Services, Inc. \$75,000**

To support the OnTrack model of early intervention for adolescents and young adults with schizophrenia

**Greater Homewood Community Corporation/Youth Empowered Society \$97,200**

To provide mental health services for homeless youth and young adults

**La Clinica del Pueblo \$95,000**

To provide school-based mental health services for unaccompanied minors from Central America attending Northwestern High School in Prince George's County

**Maryland CASA Association \$25,0000**

To provide specialized assistance to youth with mental illness in foster care through recruitment and training of Court Appointed Special Advocates

**Mental Health Association of Frederick County \$120,000**

To hire a psychiatrist and transform the group practice into an Outpatient Mental Health Clinic

**NAMI Metropolitan Baltimore \$75,000**

To expand programs and services for people with mental illness and their families

**Way Station \$200,000**

To transition hard-to-place individuals with mental illness from Springfield State Hospital into community settings

## 2014

### *Aging*

**Baltimore Bar Foundation** \$52,500

To support the Senior Legal Services Program, which provides pro bono legal assistance to low-income elderly clients in Baltimore City

**Benefits Data Trust** \$150,000

To reach out to and enroll low-income Maryland seniors in six public benefits programs

**Govans Ecumenical Development Corporation (GEDCO)** \$50,000

To pilot a Virtual Senior Center in Baltimore, serving homebound seniors through online classes and activities

**Maryland Legal Aid** \$150,000

To provide legal services and policy advocacy for older adults with behavioral health needs who require long-term care services

### *Health*

**American Heart Association -Mid-Atlantic Affiliate** \$80,000

To support a mobile cooking and nutrition program for low-income senior citizens in Baltimore

**Charm City Clinic** \$45,000

To support the salary of a full-time executive director at a clinic providing health screening and health access services to low-income individuals in East Baltimore

**Maryland Dental Action Coalition** \$38,840

To create roadmap for a comprehensive oral health plan for adults, with emphasis on low-income seniors, in Maryland

### *Mental Health*

**Anne Arundel Medical Center** \$100,000

To develop a rapid referral system for patients needing immediate behavioral health intervention

**Behavioral Health System Baltimore** \$200,000

To provide mental health services for Spanish-speaking unaccompanied youth in city public schools

**Crossroads Community** \$32,000

To support the implementation of the Behavioral Health Home model for 150 clients with mental illness on the Eastern Shore

**Intercultural Counseling Connection** \$20,000

To recruit and train mental health professionals to provide pro bono counseling for refugees in the Baltimore area

**Johns Hopkins School of Nursing** \$150,000

To implement the Chicago Parent Program in eight Baltimore City pre-kindergarten programs, providing parenting training to improve mental health outcomes for children

**Marian House** \$36,952

To pursue CARF accreditation, enabling continuation and expansion of Medicaid billing

**National Alliance on Mental Illness of Metropolitan Baltimore (NAMI-Baltimore)** \$50,000

To support infrastructure, program outreach, and recruitment of a new Executive Director

**National Alliance on Mental Illness of Maryland** \$60,000

To pilot and expand mental health programming for veterans and military personnel and their families

**People Encouraging People** \$150,000

To establish a new Assertive Community Treatment team in Montgomery County, serving individuals with serious mental illness

**Tuerk House** \$20,000

To continue substance abuse services until the organization merges with Total Health Care

**2013**

*Aging*

**Catholic Charities of Maryland** \$100,000

To provide services to seniors through the Congregate Housing Senior Program

**CHANA** \$20,000

To support attorney and mental health clinician training and the production of materials for the Elder Abuse Center

**CHAI** \$50,000

To assist low-income seniors to access social service and housing benefits

**Gilchrist Hospice Care** \$75,000

To provide services for clients with a life limiting diagnosis who are not enrolled in hospice

**Good Samaritan Hospital** \$100,000

To develop a comprehensive, coordinated-care geriatrics program

**Rebuilding Together Baltimore** \$50,000

To provide fall and injury prevention services for seniors

**University of Maryland School of Nursing** \$119,413

To disseminate the Function Focused Care program to 100 assisted living facilities in Maryland

*Health*

**Allegheny Health Right** \$30,000

To expand senior oral health services

**Alzheimer's Association of Greater Maryland** \$45,000

To increase cognitive screening of elderly patients conducted in primary care practices

**Family League of Baltimore** \$30,000

To support exercise and nutrition programming to improve the health of low-income postpartum mothers

*Mental Health*

**Arundel Lodge** \$110,303

To pilot telemental health services for deaf adults with serious mental illness



**Baltimore Crisis Response \$50,000**

To provide outreach and case management for veterans with mental health needs

**Central Scholarship Bureau \$225,000**

To increase the number of scholarships for bilingual graduate students in mental health fields

**Intercultural Counseling Connection \$20,000**

To recruit and train mental health professionals to provide pro bono counseling for refugees in the Baltimore area

**Mental Health Association of Maryland \$51,000**

To support the Maryland Parity Project, which works to raise awareness in the state of the federal mental health parity law and to ensure implementation of parity in Maryland

**Mental Health Association of Talbot County \$35,600**

To provide the Mental Health First Aid program on the Eastern Shore

**Mobile Med \$100,000**

To expand behavioral health services in primary care for low-income individuals

**Mosaic Community Services \$100,000**

To provide integrated health care services for individuals with mental illness

**Youth Empowered Society \$37,180**

To provide mental health services for homeless youth, and training for staff on mental health issues

## 2012

### *Aging*

#### **Food Research and Action Council \$50,000**

To improve access to the Food Supplement Program among Maryland's low-income seniors and to advocate for public policy improvements related to enrolling for food benefits

#### **Loyola Clinical Centers \$50,000**

To provide team-based assessment and intervention services to older adults with brain injury

### *Health*

#### **Charm City Clinic \$45,000**

To provide staffing for a free clinic serving low-income residents in East Baltimore

#### **Family League of Baltimore \$89,390**

To provide fitness and nutrition programming to improve the health of low-income post-partum mothers in the B'More Fit for Healthy Babies project

#### **St. Agnes Hospital \$90,000**

To conduct diabetes prevention education with at-risk patients in southwest Baltimore

#### **Snyder Center for Aphasia Life Enhancement \$42,000**

To expand programming for families of individuals with aphasia

### *Mental Health*

#### **Active Minds \$150,000**

To add and support mental health awareness chapters on the campuses of Historically Black Colleges and Universities and the campuses of community colleges

#### **Good Shepherd Center \$150,000**

To implement the Children and Residential Experiences practice model to improve care and outcomes for students with behavioral and emotional challenges

#### **International Rescue Committee \$20,000**

To provide increased access to mental health services for refugee clients with limited English proficiency

**Mental Health Association of Maryland \$84,000**

To support the Maryland Parity Project, which works to raise awareness in the state of the federal mental health parity law and to ensure implementation of parity in Maryland

**NAMI Maryland \$30,000**

To provide training and technical assistance to three NAMI affiliates in Maryland

**Way Station \$200,000**

To create the Behavioral Health Homes pilot project to serve the somatic health needs of people with serious mental illness