The Leonard and Helen R. Stulman Charitable Foundation

**TYPICAL GRANTS**  Range from $25,000 to $150,000

**DEADLINE**  Letters of inquiry are accepted on a rolling basis.

**ELIGIBILITY**  Organizations (or their fiscal agents) that qualify as public charities under section 501(c)(3) of the Internal Revenue Code and do not discriminate on the basis of race, creed, national origin, color, physical handicap, gender or sexual orientation

**GUIDELINES**  The Leonard and Helen R. Stulman Charitable Foundation supports work in four areas of interest. Ninety five percent (95%) of funding from The Leonard and Helen R. Stulman Charitable Foundation is reserved for programs in greater Baltimore and the State of Maryland.

The foundation will make a limited number of new grants each year to projects that address one or more of the following:

- **Research with regard to causes and treatment of mental illness and services for the mentally ill and their families.** Within this area, special interests include:
  - Promoting recovery and participation in community life for people with serious mental illnesses, such as schizophrenia, bipolar disorder, and major depression.
  - Increasing access to mental health treatment for underserved populations. Strategies of interest include integrating mental health care into community and primary care settings and providing services to minority communities, including those with limited English proficiency.
  - Increasing the adoption of evidence-based practices in treatment settings.

- **Initiatives for an older adult and aging population and programs for geriatric medicine.** Within this area, special interests include:
  - Supporting services and initiatives that enable senior citizens to remain in their own communities and stay active in community life as they age.
  - Meeting unmet health and mental health needs.

- **Programs engaged in health care treatment and prevention as well as those involved in medical research.** Within this area, special interest include:
Improving the prevention and management of chronic disease.
Increasing access to care for disadvantaged populations.

Higher educational institutions

The Leonard and Helen R. Stulman Charitable Foundation will not consider requests to fund the following:

- Debt retirement
- Non 501 (c) (3) organizations
- Membership or affiliation campaigns, dinners, or special events
- Public primary and secondary educational institutions
- Conferences, symposia, or workshops and related travel
- Grants that further religious doctrine
- Grants to individuals, including scholarships, sponsorships, or camperships
- Individual medical procedures
- Requests for bricks and mortar capital projects
- Annual giving support
- Organizations that discriminate on the basis of race, color, religion (creed), gender, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, except to serve a historically disadvantaged group

HOW TO APPLY

Submit a 2-page letter of inquiry signed by the executive director and board chair, which includes: the amount you intend to request, the purpose of the request, an overview of the proposed project and some basic background on your organization.

If there is a match between your project and one of the interest areas, you will be invited to submit a full proposal.

If you are invited to submit, the proposal should include the following:

- Background on your organization, including its mission, activities and accomplishments.
- The amount requested and a description of the project, its goals, its measurable objectives and how they will be reached.
- The project timetable and a description of how the project will be sustained.
- A budget for the project/program which includes the sources of both short and long term funding and identifies other partners involved in the project.
- A description of how the project will be sustained.

The following attachments must accompany the full proposal.

- The Organization’s current annual operating budget (including income and expense projections),
- A list of board members and key staff,
- The organization's 501 (c) 3 IRS determination letter,
The organization’s most recent audited financial statements, and
The organization’s most recent annual report.

If you are invited to submit a proposal, please refer to the Maryland Philanthropy Network Grant Proposal Format for a grant template. Visit https://www.marylandphilanthropy.org/grant-writing.

CONTACT
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RECENT GRANTS

2020

Aging and Health

Civic Works $30,000
To purchase produce from local farms and hygiene supplies from local suppliers and deliver to older adults during Covid-19 emergency

Comprehensive Housing Assistance, Inc $138,000
To research and pilot a telehealth program to support older adults in congregate housing

Community College of Baltimore County $213,237
To provide scholarships to student to obtain Certified and Geriatric Nursing Assistant credentials

Meals on Wheels of Central Maryland $50,000
To provide home-delivered meals to older adults during Covid-19 emergency

Health

Maryland Dental Action Coalition $50,000
To continue implementing and supporting the Medicaid Adult Dental Waiver

Moveable Feast $50,000
To provide home-delivered meals to individuals with health conditions during Covid-19 emergency
Mental Health

Johns Hopkins University Dept. of Psychiatry and Behavioral Sciences  $328,180
To develop an integrated behavioral health model for children and adolescents in the hospital and pediatric clinics

Maryland Philanthropy Network  $20,000
To support Baltimore Neighbors Network in providing telephone check-ins and mental health services to isolated older adults during Covid-19 emergency

Mobile Med  $75,000
To provide patient care monitoring in behavioral health

2019

Aging

Civic Works  $79,244
To create a multi-agency social work internship program to engage more social workers in careers in aging

Mid-Shore Pro Bono  $40,000
To provide pro bono legal services to low-income older adults on the Eastern Shore

Benefits Data Trust  $75,000
To conduct outreach and enrollment for low-income Maryland seniors in nine public benefits programs

Comprehensive Housing Assistance, Inc.  $65,000
To expand the senior rides program (CHAIway) in northwest Baltimore

Maryland Consumer Rights Coalition  $80,000
To deliver financial coaching and counseling to low-income seniors and help them apply for benefits programs

Maryland Volunteer Lawyers Service  $193,144
To assist low-income seniors in Baltimore City with advance planning

University of Maryland Baltimore Foundation/University of Maryland School of Nursing  $150,000
To develop new resources and disseminate a new Function Focused Care approach to assisted living facilities for residents with moderate and severe dementia
Health

**Charm City Care Connection**  $30,000
To develop a strategic plan for expansion of services

**Health Care for the Homeless**  $130,000
To provide interpretation services for Spanish speaking clients and conduct analysis and planning to manage a significant increase in the number of uninsured clients

**Maryland Dental Action Coalition**  $50,000
To implement the Maryland Medicaid Adult Dental Waiver

**Meals on Wheels of Central Maryland**  $120,000
To work with Moveable Feast and Benefits Data Trust to develop and pilot a coordinated system to bring nutrition and support services to frail elderly individuals

**Maryland Dental Action Coalition**  $50,000
To implement the Maryland Medicaid Adult Dental Waiver

**Shepherd's Clinic**  $25,000
To expand the Diabetes Management Program

Mental Health

**Adoptions Together**  $48,043
To train mental health clinicians in evidence-based models for children and families

**House of Ruth Maryland**  $130,844
To provide psychiatric services to women who have experienced intimate partner violence and to reduce barriers for public funding of these services

**NAMI Baltimore**  $75,000
To expand mental health programming in metropolitan Baltimore

2018

Aging

**Catholic Charities**  $200,000
To provide supportive services and care coordination to older adults served by St. Agnes Hospital
Civic Works  $29,378 
To place a Contracting Coordinator at Baltimore housing to assist senior citizens in the housing rehabilitation process

Civic Works  $1,706,195 
To operate Housing Upgrades to Benefit Seniors (HUBS), a coordinated home repair and modification program for low-income seniors in Baltimore City

Pro Bono Resource Center  $1,568,680 
To coordinate and expand legal services for low-income seniors in Baltimore City to help preserve homeownership. This is a partnership between PBRC, Maryland Volunteer Lawyers Service, Senior Legal Services, and Maryland Legal Aid.

Pro Bono Resource Center  $190,800 
To carry out estate planning for low-income seniors in Prince George's County, and to build local capacity to continue the program

Health

St. Agnes Foundation  $199,507 
To institute a cardiovascular disease prevention program in the community

Moveable Feast  $100,000 
To conduct a study of the effectiveness of medically tailored meals and nutritional counseling to improve the health of low-income individuals with diabetes

Mental Health

Active Minds  $105,000 
To build and support mental health chapters and anti-stigma programming on Maryland college campuses

Behavioral Health System Baltimore  $79,029 
To continue the pilot of a Crisis Response Team in partnership with the Baltimore City Police Dept. in the Central Policing District

Humanim  $150,000 
To implement and integrate the evidence-based practice of Motivational Interviewing into their work with people with serious mental illnesses

Intercultural Counseling Connection  $37,000 
To provide mental health services to refugees and to conduct strategic planning for the organization
Johns Hopkins Centro Sol  $1,505,737  
To increase access to care for the prevention and treatment of depression for Latino immigrants living in Baltimore City

Kids in Need of Defense  $37,500  
To fund a social service coordinator for unaccompanied minors from Central America who are living in Baltimore and receiving legal immigration services

Lower Shore Clinic  $125,000  
To start a new Assertive Community Treatment team for individuals with serious mental illness on the mid-Eastern Shore

NAMI-Metro Baltimore  $60,000  
To expand mental health programming and support groups

Roca  $450,000  
To incorporate cognitive behavioral intervention in the structured violence reduction intervention for young men in Baltimore City

University of Maryland St. Joseph Medical Center Foundation  $100,000  
To provide specialized behavioral health coordination to patients in the emergency department at St. Joseph Medical Center

Way Station  $200,000  
To transition hard-to-place individuals with mental illness from three state hospitals into community settings

Youth Empowered Society  $79,400  
To provide mental health services for homeless youth and training and support for staff on mental health issues in partnership with Health Care for the Homeless

2017

Aging

The Associated  $300,000  
To provide personal care subsidies for low-income seniors

Baltimore Corps  $150,000  
To develop and place a cohort of fellows in organizations serving the elderly in Baltimore City
**Benefits Data Trust**  $326,100
To conduct outreach and enrollment for low-income Maryland senior citizens in six food, energy, and health public benefits programs and to pilot outreach and enrollment for three additional benefits in the area of housing and utilities.

**Civic Works**  $66,000
To place a Contracting Coordinator at Baltimore Housing to assist senior citizens in the housing rehabilitation process.

**Disability Rights Maryland**  $106,000
To operate the Sunshine Folk program to help seniors and individuals with disabilities to move from nursing facilities into the community.

**Keswick Community Health**  $125,000
To access Medicare funding streams to prevent disease and improve self-management of chronic conditions among older adults.

**Maryland Volunteer Lawyers Service**  $160,347
To assist low-income seniors in Baltimore City with estate planning.

**Mid-Shore Pro Bono**  $125,000
To expand the elder law project to eight counties on the Eastern Shore.

**Neighborhood Housing Services**  $150,000
To increase the number of low-income senior citizens in Baltimore City receiving home repair services.

*Health*

**Charm City Care Connection**  $25,000
To expand preventive health screening and health resource case management to individuals at Dee’s Place.

**Nueva Vida**  $29,635
To increase the number of Latinos receiving cancer screenings and to provide patient navigation and mental health support to those receiving cancer treatment.

**Shepherd's Clinic**  $24,886
To provide diabetes education and self-management programming.

*Mental Health*

**Baltimore Child Abuse Center**  $290,562
To develop and deliver policies and training to protect children in Jewish institutions in greater Baltimore.
Baltimore Child Abuse Center  $175,510
To provide on-site mental health treatment to child victims of abuse and maltreatment

Behavioral Health Leadership Institute  $40,000
To link individuals leaving detention facilities in Baltimore with substance use and mental health treatment

B'More Clubhouse  $128,591
To seek and secure accreditation, licensure, and public funding from Medicaid

Family and Children's Services  $150,000
To transition to an Outpatient Mental Health Clinic

Fund for Educational Excellence  $50,000
To continue the Chicago Parent Program in 11 city schools in order to positively impact mental health

Intercultural Counseling Connection  $25,000
To provide pro bono counseling to refugees in the Baltimore area

La Clinica del Pueblo  $90,000
To provide mental health and case management services for unaccompanied minors in Prince George's County

Marian House  $47,000
To develop an outpatient substance abuse program for residents of transitional and permanent housing

Mental Health Association of Maryland  $280,000
To develop and deliver a skills-based training program for professionals, paraprofessionals, and unpaid caregivers of older adults with behavioral health conditions

University of Maryland St. Joseph Medical Center Foundation/St. Clare Medical Outreach  $35,000
To provide mental health services to low-income Spanish speaking individuals

2016

Aging

Action in Maturity  $50,000
To provide free grocery shuttles and support services to seniors in southwest, west, and east Baltimore communities identified as food deserts
Association of Baltimore Area Grantmakers  $10,000
To provide staff support to the Affinity Group on Aging

Mid-Shore Pro Bono  $50,000
To expand elder law services for low-income senior citizens on the Eastern Shore of Maryland

Neighbor Ride  $40,000
To rebuild a ride-match database to upgrade and automate functions, enabling the organization to mobilize more volunteers to provide rides to senior citizens

Health

American Heart Association, Mid-Atlantic Affiliate  $129,344
To expand the Mobile Cooking program for seniors at seven senior apartment buildings in Baltimore which have Baltimarket Virtual Supermarket programs in place

The Family Tree  $300,000
To pilot Maryland Family Connects in Baltimore, a post-natal home visiting program designed to reduce risk and connect families with resources

Kids in Need of Defense (KIND)  $37,500
To hire a social service coordinator for unaccompanied minors in Baltimore who are receiving legal immigration services

Marian House  $40,000
To provide bridge funding to maintain transitional housing services for homeless women and children while completing CARF certification

Mental Health

Anne Arundel Medical Center  $80,000
To provide assessment, services, and referrals to children and adolescents coming to the emergency department with psychiatric crises

Behavioral Health System Baltimore  $79,029
To pilot a Crisis Intervention Team in partnership with the Baltimore City Police Department in the Central Policing District

B'More Clubhouse  $24,800
To support strategic planning and improve communication and marketing materials
Carroll County Youth Service Bureau  $51,000
To expand the Assertive Community Treatment team to serve 75 individuals with severe mental illness

Family Services, Inc.  $50,000
To implement the OnTrack program, which provides early intervention to adolescents and young adults with psychosis

Fusion Partnerships/Intercultural Counseling Connection  $25,000
To recruit and train mental health professionals to provide pro bono counseling for refugees in the Baltimore area

Helping Up Mission  $150,000
To provide psychiatric services to homeless men with co-occurring disorders

Johns Hopkins University School of Nursing  $75,000
To complete a three year pilot of the Chicago Parent Program in early childhood settings in Baltimore City Public Schools

Kennedy Krieger Institute  $100,000
To expand mental health services for children with developmental disabilities

La Clinica del Pueblo  $60,000
To provide mental health and case management services to unaccompanied minors at Northwestern High School in Prince George’s County

NAMI-Baltimore  $120,000
To expand mental health programming for individuals with mental illness and their families

Refugee Youth Project  $42,185
To provide arts-based mental health services and case management to young refugees in Baltimore

2015

Aging

Catholic Charities  $200,000
To develop and implement a new model to provide supportive services to low-income seniors in their own homes

Chase Brexton Health Services  $100,000
To provide caregiver education, counseling, and referral services to older LGBT adults and their caregivers
Civic Works  $1,079,010  
To create a coordinated system with a consortium of senior and housing organizations to meet the housing rehabilitation needs of low-income seniors in Baltimore City

Comprehensive Housing Assistance, Inc. (CHAI)  $405,000  
To expand and enhance older adult services by hiring a Director of Aging in Community

Leveraging Legal Services for Older Adults: Keeping Baltimoreans in their Homes  $1,285,383  
To expand and coordinate legal services for low-income senior citizens in Baltimore City to help preserve homeownership. This project is composed of grants to four organizations:

- The Bar Association of Baltimore City Senior Legal Services Program  $200,772
- Maryland Legal Aid  $450,000
- Maryland Volunteer Lawyers Service  $241,611
- Pro Bono Resource Center  $393,000

Maryland Disability Law Center  $100,000  
To operate the Sunshine Folk program, helping individuals move from nursing facilities into the community with appropriate services and supports

Health

Baltimore City Health Department  $80,000  
To expand the Virtual Supermarket program to serve more senior citizens in Baltimore City, providing access to nutritious food

Hospice of the Chesapeake  $130,000  
To establish the Community Care for Complex Illness program, serving people with complex illnesses at home to reduce hospitalizations and improve health outcomes and quality of life

HealthCare Access Maryland  $50,000  
To develop a model for care coordination to reduce hospital admissions and readmissions for high-need Medicare beneficiaries

HealthCare Access Maryland  $187,000  
To implement a community-based care coordination model with a local hospital to serve high-risk patients, with the goal of improving health and preventing hospital readmissions
Health Care for the Homeless  $100,000
To reduce the incidence of heart attacks and strokes through universal screening, supportive interventions, and cross-discipline collaboration

Maryland Citizens' Health Initiative Education Fund  $143,736
To create the Maryland Faith Community Health Network, working with 100 congregations and 3 hospitals to provide supportive services and care coordination to patients

Meals on Wheels of Central Maryland  $193,000
To launch a care coordination program with Good Samaritan Hospital to improve the health of elderly individuals and reduce their hospital readmission rates

Mental Health

Baltimore Community Foundation/Commodore John Rodgers Judy Center  $125,457
To provide mental health services for parents of young children receiving early childhood services

Family Services, Inc.  $75,000
To support the OnTrack model of early intervention for adolescents and young adults with schizophrenia

Greater Homewood Community Corporation/Youth Empowered Society $97,200
To provide mental health services for homeless youth and young adults

La Clinica del Pueblo  $95,000
To provide school-based mental health services for unaccompanied minors from Central America attending Northwestern High School in Prince George's County

Maryland CASA Association  $25,000
To provide specialized assistance to youth with mental illness in foster care through recruitment and training of Court Appointed Special Advocates

Mental Health Association of Frederick County  $120,000
To hire a psychiatrist and transform the group practice into an Outpatient Mental Health Clinic

NAMI Metropolitan Baltimore  $75,000
To expand programs and services for people with mental illness and their families

Way Station  $200,000
To transition hard-to-place individuals with mental illness from Springfield State Hospital into community settings
2014

**Aging**

**Baltimore Bar Foundation**  $52,500
To support the Senior Legal Services Program, which provides pro bono legal assistance to low-income elderly clients in Baltimore City

**Benefits Data Trust**  $150,000
To reach out to and enroll low-income Maryland seniors in six public benefits programs

**Govans Ecumenical Development Corporation (GEDCO)**  $50,000
To pilot a Virtual Senior Center in Baltimore, serving homebound seniors through online classes and activities

**Maryland Legal Aid**  $150,000
To provide legal services and policy advocacy for older adults with behavioral health needs who require long-term care services

**Health**

**American Heart Association -Mid-Atlantic Affiliate**  $80,000
To support a mobile cooking and nutrition program for low-income senior citizens in Baltimore

**Charm City Clinic**  $45,000
To support the salary of a full-time executive director at a clinic providing health screening and health access services to low-income individuals in East Baltimore

**Maryland Dental Action Coalition**  $38,840
To create roadmap for a comprehensive oral health plan for adults, with emphasis on low-income seniors, in Maryland

**Mental Health**

**Anne Arundel Medical Center**  $100,000
To develop a rapid referral system for patients needing immediate behavioral health intervention

**Behavioral Health System Baltimore**  $200,000
To provide mental health services for Spanish-speaking unaccompanied youth in city public schools
**Crossroads Community**  $32,000
To support the implementation of the Behavioral Health Home model for 150 clients with mental illness on the Eastern Shore

**Intercultural Counseling Connection**  $20,000
To recruit and train mental health professionals to provide pro bono counseling for refugees in the Baltimore area

**Johns Hopkins School of Nursing**  $150,000
To implement the Chicago Parent Program in eight Baltimore City pre-kindergarten programs, providing parenting training to improve mental health outcomes for children

**Marian House**  $36,952
To pursue CARF accreditation, enabling continuation and expansion of Medicaid billing

**National Alliance on Mental Illness of Metropolitan Baltimore (NAMI-Baltimore)**  $50,000
To support infrastructure, program outreach, and recruitment of a new Executive Director

**National Alliance on Mental Illness of Maryland**  $60,000
To pilot and expand mental health programming for veterans and military personnel and their families

**People Encouraging People**  $150,000
To establish a new Assertive Community Treatment team in Montgomery County, serving individuals with serious mental illness

**Tuerk House**  $20,000
To continue substance abuse services until the organization merges with Total Health Care

2013

**Aging**

**Catholic Charities of Maryland**  $100,000
To provide services to seniors through the Congregate Housing Senior Program

**CHANA**  $20,000
To support attorney and mental health clinician training and the production of materials for the Elder Abuse Center
**CHAI** $50,000
To assist low-income seniors to access social service and housing benefits

**Gilchrist Hospice Care** $75,000
To provide services for clients with a life limiting diagnosis who are not enrolled in hospice

**Good Samaritan Hospital** $100,000
To develop a comprehensive, coordinated-care geriatrics program

**Rebuilding Together Baltimore** $50,000
To provide fall and injury prevention services for seniors

**University of Maryland School of Nursing** $119,413
To disseminate the Function Focused Care program to 100 assisted living facilities in Maryland

*Health*

**Allegany Health Right** $30,000
To expand senior oral health services

**Alzheimer’s Association of Greater Maryland** $45,000
To increase cognitive screening of elderly patients conducted in primary care practices

**Family League of Baltimore** $30,000
To support exercise and nutrition programming to improve the health of low-income postpartum mothers

*Mental Health*

**Arundel Lodge** $110,303
To pilot telemental health services for deaf adults with serious mental illness

**Baltimore Crisis Response** $50,000
To provide outreach and case management for veterans with mental health needs

**Central Scholarship Bureau** $225,000
To increase the number of scholarships for bilingual graduate students in mental health fields

**Intercultural Counseling Connection** $20,000
To recruit and train mental health professionals to provide pro bono counseling for refugees in the Baltimore area
Mental Health Association of Maryland $51,000
To support the Maryland Parity Project, which works to raise awareness in the state of the federal mental health parity law and to ensure implementation of parity in Maryland

Mental Health Association of Talbot County $35,600
To provide the Mental Health First Aid program on the Eastern Shore

Mobile Med $100,000
To expand behavioral health services in primary care for low-income individuals

Mosaic Community Services $100,000
To provide integrated health care services for individuals with mental illness

Youth Empowered Society $37,180
To provide mental health services for homeless youth, and training for staff on mental health issues