The Leonard and Helen R. Stulman Charitable Foundation

TYPICAL GRANTS
Range from $25,000 to $150,000

DEADLINE
Letters of inquiry are accepted on a rolling basis.

ELIGIBILITY
Organizations (or their fiscal agents) that qualify as public charities under section 501(c)(3) of the Internal Revenue Code and do not discriminate on the basis of race, creed, national origin, color, physical handicap, gender or sexual orientation

GUIDELINES
The Leonard and Helen R. Stulman Charitable Foundation supports work in four areas of interest. The Foundation plans to make new grants totaling $2.6 million in 2018. Ninety five percent (95%) of funding from The Leonard and Helen R. Stulman Charitable Foundation is reserved for programs in greater Baltimore and the State of Maryland.

The foundation will make a limited number of new grants each year to projects that address one or more of the following:

- Research with regard to causes and treatment of mental illness and services for the mentally ill and their families. Within this area, special interests include:
  - Promoting recovery and participation in community life for people with serious mental illnesses, such as schizophrenia, bipolar disorder, and major depression.
  - Increasing access to mental health treatment for underserved populations. Strategies of interest include integrating mental health care into community and primary care settings and providing services to minority communities, including those with limited English proficiency.
  - Increasing the adoption of evidence-based practices in treatment settings.
- Initiatives for an older adult and aging population and programs for geriatric medicine. Within this area, special interests include:
  - Supporting services and initiatives that enable senior citizens to remain in their own communities and stay active in community life as they age.
  - Meeting unmet health and mental health needs.
• Programs engaged in health care treatment and prevention as well as those involved in medical research. Within this area, special interest include:
  o Improving the prevention and management of chronic disease.
  o Increasing access to care for disadvantaged populations.
• Higher educational institutions

The Leonard and Helen R. Stulman Charitable Foundation will not consider requests to fund the following:

• Debt retirement
• Non 501 (c) (3) organizations
• Membership or affiliation campaigns, dinners, or special events
• Public primary and secondary educational institutions
• Conferences, symposia, or workshops and related travel
• Grants that further religious doctrine
• Grants to individuals, including scholarships, sponsorships, or camperships
• Individual medical procedures
• Requests for bricks and mortar capital projects
• Annual giving support
• Organizations that discriminate on the basis of race, color, religion (creed), gender, age, national origin (ancestry), disability, marital status, sexual orientation, or military status, except to serve a historically disadvantaged group

HOW TO APPLY

Submit a 2-page letter of inquiry signed by the executive director and board chair, which includes: the amount you intend to request, the purpose of the request, an overview of the proposed project and some basic background on your organization.

If there is a match between your project and one of the interest areas, you will be invited to submit a full proposal.

If you are invited to submit, the proposal should include the following:
• Background on your organization, including its mission, activities and accomplishments.
• The amount requested and a description of the project, its goals, its measurable objectives and how they will be reached.
• The project timetable and a description of how the project will be sustained.
• A budget for the project/program which includes the sources of both short and long term funding and identifies other partners involved in the project.
• A description of how the project will be sustained.

The following attachments must accompany the full proposal.
• The Organization's current annual operating budget (including income and expense projections),
• A list of board members and key staff,
• The organization's 501 (c) 3 IRS determination letter,
• The organization's most recent audited financial statements, and
• The organization’s most recent annual report.

If you are invited to submit a proposal, please refer to the ABAG Grant Proposal Format for a grant template. Visit www.abagrantmakers.org/grantwriting

CONTACT
Cathy Brill
Executive Director, Stulman Foundation
2 E. Read Street, 9th Floor
Baltimore, MD 21202
cbrill@bcf.org

RECENT GRANTS

2018

Aging

Catholic Charities $200,000
To provide supportive services and care coordination to older adults served by St. Agnes Hospital

Civic Works $29,378
To place a Contracting Coordinator at Baltimore housing to assist senior citizens in the housing rehabilitation process

Civic Works $1,706,195
To operate Housing Upgrades to Benefit Seniors (HUBS), a coordinated home repair and modification program for low-income seniors in Baltimore City

Pro Bono Resource Center $1,568,680
To coordinate and expand legal services for low-income seniors in Baltimore City to help preserve homeownership. This is a partnership between PBRC, Maryland Volunteer Lawyers Service, Senior Legal Services, and Maryland Legal Aid.

Pro Bono Resource Center $190,800
To carry out estate planning for low-income seniors in Prince George's County, and to build local capacity to continue the program

Health

St. Agnes Foundation $199,507
To institute a cardiovascular disease prevention program in the community
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<tr>
<th><strong>Moveable Feast</strong></th>
<th>$100,000</th>
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<tr>
<td>To conduct a study of the effectiveness of medically tailored meals and nutritional counseling to improve the health of low-income individuals with diabetes</td>
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**Mental Health**

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<tr>
<th><strong>Active Minds</strong></th>
<th>$105,000</th>
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<tr>
<td>To build and support mental health chapters and anti-stigma programming on Maryland college campuses</td>
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<tr>
<th><strong>Behavioral Health System Baltimore</strong></th>
<th>$79,029</th>
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<td>To continue the pilot of a Crisis Response Team in partnership with the Baltimore City Police Dept. in the Central Policing District</td>
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<th><strong>Humanim</strong></th>
<th>$150,000</th>
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<td>To implement and integrate the evidence-based practice of Motivational Interviewing into their work with people with serious mental illnesses</td>
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<tr>
<th><strong>Intercultural Counseling Connection</strong></th>
<th>$37,000</th>
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<td>To provide mental health services to refugees and to conduct strategic planning for the organization</td>
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<tr>
<th><strong>Johns Hopkins Centro Sol</strong></th>
<th>$1,505,737</th>
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<td>To increase access to care for the prevention and treatment of depression for Latino immigrants living in Baltimore City</td>
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<tr>
<th><strong>Kids in Need of Defense</strong></th>
<th>$37,500</th>
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<tr>
<td>To fund a social service coordinator for unaccompanied minors from Central America who are living in Baltimore and receiving legal immigration services</td>
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<th><strong>Lower Shore Clinic</strong></th>
<th>$125,000</th>
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<tr>
<td>To start a new Assertive Community Treatment team for individuals with serious mental illness on the mid-Eastern Shore</td>
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<th><strong>NAMI-Metro Baltimore</strong></th>
<th>$60,000</th>
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<td>To expand mental health programming and support groups</td>
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<th><strong>Roca</strong></th>
<th>$450,000</th>
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<td>To incorporate cognitive behavioral intervention in the structured violence reduction intervention for young men in Baltimore City</td>
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<tr>
<th><strong>University of Maryland St. Joseph Medical Center Foundation</strong></th>
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<tr>
<td>To provide specialized behavioral health coordination to patients in the emergency department at St. Joseph Medical Center</td>
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Way Station  $200,000  
To transition hard-to-place individuals with mental illness from three state hospitals into community settings

Youth Empowered Society  $79,400  
To provide mental health services for homeless youth and training and support for staff on mental health issues in partnership with Health Care for the Homeless
2017

**Aging**

**The Associated**  $300,000
To provide personal care subsidies for low-income seniors

**Baltimore Corps**  $150,000
To develop and place a cohort of fellows in organizations serving the elderly in Baltimore City

**Benefits Data Trust**  $326,100
To conduct outreach and enrollment for low-income Maryland senior citizens in six food, energy, and health public benefits programs and to pilot outreach and enrollment for three additional benefits in the area of housing and utilities.

**Civic Works**  $66,000
To place a Contracting Coordinator at Baltimore Housing to assist senior citizens in the housing rehabilitation process

**Disability Rights Maryland**  $106,000
To operate the Sunshine Folk program to help seniors and individuals with disabilities to move from nursing facilities into the community

**Keswick Community Health**  $125,000
To access Medicare funding streams to prevent disease and improve self-management of chronic conditions among older adults

**Maryland Volunteer Lawyers Service**  $160,347
To assist low-income seniors in Baltimore City with estate planning

**Mid-Shore Pro Bono**  $125,000
To expand the elder law project to eight counties on the Eastern Shore

**Neighborhood Housing Services**  $150,000
To increase the number of low-income senior citizens in Baltimore City receiving home repair services

**Health**

**Charm City Care Connection**  $25,000
To expand preventive health screening and health resource case management to individuals at Dee’s Place

**Nueva Vida**  $29,635
To increase the number of Latinos receiving cancer screenings and to provide patient navigation and mental health support to those receiving cancer treatment

**Shepherd's Clinic**  $24,886
To provide diabetes education and self-management programming

*Mental Health*

**Baltimore Child Abuse Center**  $290,562
To develop and deliver policies and training to protect children in Jewish institutions in greater Baltimore

**Baltimore Child Abuse Center**  $175,510
To provide on-site mental health treatment to child victims of abuse and maltreatment

**Behavioral Health Leadership Institute**  $40,000
To link individuals leaving detention facilities in Baltimore with substance use and mental health treatment

**B'More Clubhouse**  $128,591
To seek and secure accreditation, licensure, and public funding from Medicaid

**Family and Children's Services**  $150,000
To transition to an Outpatient Mental Health Clinic

**Fund for Educational Excellence**  $50,000
To continue the Chicago Parent Program in 11 city schools in order to positively impact mental health

**Intercultural Counseling Connection**  $25,000
To provide pro bono counseling to refugees in the Baltimore area

**La Clinica del Pueblo**  $90,000
To provide mental health and case management services for unaccompanied minors in Prince George's County

**Marian House**  $47,000
To develop an outpatient substance abuse program for residents of transitional and permanent housing

**Mental Health Association of Maryland**  $280,000
To develop and deliver a skills-based training program for professionals, paraprofessionals, and unpaid caregivers of older adults with behavioral health conditions
University of Maryland St. Joseph Medical Center Foundation/St. Clare Medical Outreach  $35,000
To provide mental health services to low-income Spanish speaking individuals
2016

Aging

**Action in Maturity** $50,000  
To provide free grocery shuttles and support services to seniors in southwest, west, and east Baltimore communities identified as food deserts

**Association of Baltimore Area Grantmakers** $10,000  
To provide staff support to the Affinity Group on Aging

**Mid-Shore Pro Bono** $50,000  
To expand elder law services for low-income senior citizens on the Eastern Shore of Maryland

**Neighbor Ride** $40,000  
To rebuild a ride-match database to upgrade and automate functions, enabling the organization to mobilize more volunteers to provide rides to senior citizens

Health

**American Heart Association, Mid-Atlantic Affiliate** $129,344  
To expand the Mobile Cooking program for seniors at seven senior apartment buildings in Baltimore which have Baltimarket Virtual Supermarket programs in place

**The Family Tree** $300,000  
To pilot Maryland Family Connects in Baltimore, a post-natal home visiting program designed to reduce risk and connect families with resources

**Kids in Need of Defense (KIND)** $37,500  
To hire a social service coordinator for unaccompanied minors in Baltimore who are receiving legal immigration services

**Marian House** $40,000  
To provide bridge funding to maintain transitional housing services for homeless women and children while completing CARF certification

Mental Health

**Anne Arundel Medical Center** $80,000  
To provide assessment, services, and referrals to children and adolescents coming to the emergency department with psychiatric crises
Behavioral Health System Baltimore  $79,029
To pilot a Crisis Intervention Team in partnership with the Baltimore City Police Department in the Central Policing District

B'More Clubhouse  $24,800
To support strategic planning and improve communication and marketing materials

Carroll County Youth Service Bureau  $51,000
To expand the Assertive Community Treatment team to serve 75 individuals with severe mental illness

Family Services, Inc.  $50,000
To implement the OnTrack program, which provides early intervention to adolescents and young adults with psychosis

Fusion Partnerships/Intercultural Counseling Connection  $25,000
To recruit and train mental health professionals to provide pro bono counseling for refugees in the Baltimore area

Helping Up Mission  $150,000
To provide psychiatric services to homeless men with co-occurring disorders

Johns Hopkins University School of Nursing  $75,000
To complete a three year pilot of the Chicago Parent Program in early childhood settings in Baltimore City Public Schools

Kennedy Krieger Institute  $100,000
To expand mental health services for children with developmental disabilities

La Clinica del Pueblo  $60,000
To provide mental health and case management services to unaccompanied minors at Northwestern High School in Prince George's County

NAMI-Baltimore  $120,000
To expand mental health programming for individuals with mental illness and their families

Refugee Youth Project  $42,185
To provide arts-based mental health services and case management to young refugees in Baltimore
2015

Aging

**Catholic Charities** $200,000
To develop and implement a new model to provide supportive services to low-income seniors in their own homes

**Chase Brexton Health Services** $100,000
To provide caregiver education, counseling, and referral services to older LGBT adults and their caregivers

**Civic Works** $1,079,010
To create a coordinated system with a consortium of senior and housing organizations to meet the housing rehabilitation needs of low-income seniors in Baltimore City

**Comprehensive Housing Assistance, Inc. (CHAI)** $405,000
To expand and enhance older adult services by hiring a Director of Aging in Community

**Leveraging Legal Services for Older Adults: Keeping Baltimoreans in their Homes** $1,285,383
To expand and coordinate legal services for low-income senior citizens in Baltimore City to help preserve homeownership. This project is composed of grants to four organizations:

- **The Bar Association of Baltimore City Senior Legal Services Program**
  $200,772
- **Maryland Legal Aid** $450,000
- **Maryland Volunteer Lawyers Service** $241,611
- **Pro Bono Resource Center** $393,000

**Maryland Disability Law Center** $100,000
To operate the Sunshine Folk program, helping individuals move from nursing facilities into the community with appropriate services and supports

Health

**Baltimore City Health Department** $80,000
To expand the Virtual Supermarket program to serve more senior citizens in Baltimore City, providing access to nutritious food

**Hospice of the Chesapeake** $130,000
To establish the Community Care for Complex Illness program, serving people with complex illnesses at home to reduce hospitalizations and improve health outcomes and quality of life
HealthCare Access Maryland  $50,000
To develop a model for care coordination to reduce hospital admissions and readmissions for high-need Medicare beneficiaries

HealthCare Access Maryland  $187,000
To implement a community-based care coordination model with a local hospital to serve high-risk patients, with the goal of improving health and preventing hospital readmissions

Health Care for the Homeless  $100,000
To reduce the incidence of heart attacks and strokes through universal screening, supportive interventions, and cross-discipline collaboration

Maryland Citizens' Health Initiative Education Fund  $143,736
To create the Maryland Faith Community Health Network, working with 100 congregations and 3 hospitals to provide supportive services and care coordination to patients

Meals on Wheels of Central Maryland  $193,000
To launch a care coordination program with Good Samaritan Hospital to improve the health of elderly individuals and reduce their hospital readmission rates

Mental Health

Baltimore Community Foundation/Commodore John Rodgers Judy Center  $125,457
To provide mental health services for parents of young children receiving early childhood services

Family Services, Inc.  $75,000
To support the OnTrack model of early intervention for adolescents and young adults with schizophrenia

Greater Homewood Community Corporation/Youth Empowered Society  $97,200
To provide mental health services for homeless youth and young adults

La Clinica del Pueblo  $95,000
To provide school-based mental health services for unaccompanied minors from Central America attending Northwestern High School in Prince George's County

Maryland CASA Association  $25,000
To provide specialized assistance to youth with mental illness in foster care through recruitment and training of Court Appointed Special Advocates
Mental Health Association of Frederick County  $120,000
To hire a psychiatrist and transform the group practice into an Outpatient Mental Health Clinic

NAMI Metropolitan Baltimore  $75,000
To expand programs and services for people with mental illness and their families

Way Station  $200,000
To transition hard-to-place individuals with mental illness from Springfield State Hospital into community settings
2014

Aging

**Baltimore Bar Foundation**  $52,500
To support the Senior Legal Services Program, which provides pro bono legal assistance to low-income elderly clients in Baltimore City

**Benefits Data Trust**  $150,000
To reach out to and enroll low-income Maryland seniors in six public benefits programs

**Govans Ecumenical Development Corporation (GEDCO)**  $50,000
To pilot a Virtual Senior Center in Baltimore, serving homebound seniors through online classes and activities

**Maryland Legal Aid**  $150,000
To provide legal services and policy advocacy for older adults with behavioral health needs who require long-term care services

Health

**American Heart Association -Mid-Atlantic Affiliate**  $80,000
To support a mobile cooking and nutrition program for low-income senior citizens in Baltimore

**Charm City Clinic**  $45,000
To support the salary of a full-time executive director at a clinic providing health screening and health access services to low-income individuals in East Baltimore

**Maryland Dental Action Coalition**  $38,840
To create roadmap for a comprehensive oral health plan for adults, with emphasis on low-income seniors, in Maryland

Mental Health

**Anne Arundel Medical Center**  $100,000
To develop a rapid referral system for patients needing immediate behavioral health intervention

**Behavioral Health System Baltimore**  $200,000
To provide mental health services for Spanish-speaking unaccompanied youth in city public schools
Crossroads Community  $32,000
To support the implementation of the Behavioral Health Home model for 150 clients with mental illness on the Eastern Shore

Intercultural Counseling Connection  $20,000
To recruit and train mental health professionals to provide pro bono counseling for refugees in the Baltimore area

Johns Hopkins School of Nursing  $150,000
To implement the Chicago Parent Program in eight Baltimore City pre-kindergarten programs, providing parenting training to improve mental health outcomes for children

Marian House  $36,952
To pursue CARF accreditation, enabling continuation and expansion of Medicaid billing

National Alliance on Mental Illness of Metropolitan Baltimore (NAMI-Baltimore)  $50,000
To support infrastructure, program outreach, and recruitment of a new Executive Director

National Alliance on Mental Illness of Maryland  $60,000
To pilot and expand mental health programming for veterans and military personnel and their families

People Encouraging People  $150,000
To establish a new Assertive Community Treatment team in Montgomery County, serving individuals with serious mental illness

Tuerk House  $20,000
To continue substance abuse services until the organization merges with Total Health Care
2013

_Aging_

**Catholic Charities of Maryland**  $100,000
To provide services to seniors through the Congregate Housing Senior Program

**CHANA**  $20,000
To support attorney and mental health clinician training and the production of materials for the Elder Abuse Center

**CHAI**  $50,000
To assist low-income seniors to access social service and housing benefits

**Gilchrist Hospice Care**  $75,000
To provide services for clients with a life limiting diagnosis who are not enrolled in hospice

**Good Samaritan Hospital**  $100,000
To develop a comprehensive, coordinated-care geriatrics program

**Rebuilding Together Baltimore**  $50,000
To provide fall and injury prevention services for seniors

**University of Maryland School of Nursing**  $119,413
To disseminate the Function Focused Care program to 100 assisted living facilities in Maryland

_Health_

**Allegany Health Right**  $30,000
To expand senior oral health services

**Alzheimer’s Association of Greater Maryland**  $45,000
To increase cognitive screening of elderly patients conducted in primary care practices

**Family League of Baltimore**  $30,000
To support exercise and nutrition programming to improve the health of low-income postpartum mothers

_Mental Health_

**Aurundel Lodge**  $110,303
To pilot telemental health services for deaf adults with serious mental illness
Baltimore Crisis Response $50,000
To provide outreach and case management for veterans with mental health needs

Central Scholarship Bureau $225,000
To increase the number of scholarships for bilingual graduate students in mental health fields

Intercultural Counseling Connection $20,000
To recruit and train mental health professionals to provide pro bono counseling for refugees in the Baltimore area

Mental Health Association of Maryland $51,000
To support the Maryland Parity Project, which works to raise awareness in the state of the federal mental health parity law and to ensure implementation of parity in Maryland

Mental Health Association of Talbot County $35,600
To provide the Mental Health First Aid program on the Eastern Shore

Mobile Med $100,000
To expand behavioral health services in primary care for low-income individuals

Mosaic Community Services $100,000
To provide integrated health care services for individuals with mental illness

Youth Empowered Society $37,180
To provide mental health services for homeless youth, and training for staff on mental health issues
2012

*Aging*

**Food Research and Action Council** $50,000  
To improve access to the Food Supplement Program among Maryland’s low-income seniors and to advocate for public policy improvements related to enrolling for food benefits

**Loyola Clinical Centers** $50,000  
To provide team-based assessment and intervention services to older adults with brain injury

*Health*

**Charm City Clinic** $45,000  
To provide staffing for a free clinic serving low-income residents in East Baltimore

**Family League of Baltimore** $89,390  
To provide fitness and nutrition programming to improve the health of low-income post-partum mothers in the B’More Fit for Healthy Babies project

**St. Agnes Hospital** $90,000  
To conduct diabetes prevention education with at-risk patients in southwest Baltimore

**Snyder Center for Aphasia Life Enhancement** $42,000  
To expand programming for families of individuals with aphasia

*Mental Health*

**Active Minds** $150,000  
To add and support mental health awareness chapters on the campuses of Historically Black Colleges and Universities and the campuses of community colleges

**Good Shepherd Center** $150,000  
To implement the Children and Residential Experiences practice model to improve care and outcomes for students with behavioral and emotional challenges

**International Rescue Committee** $20,000  
To provide increased access to mental health services for refugee clients with limited English proficiency
Mental Health Association of Maryland $84,000
To support the Maryland Parity Project, which works to raise awareness in the state of the federal mental health parity law and to ensure implementation of parity in Maryland

NAMI Maryland $30,000
To provide training and technical assistance to three NAMI affiliates in Maryland

Way Station $200,000
To create the Behavioral Health Homes pilot project to serve the somatic health needs of people with serious mental illness